#### **Focus Life Institute**

Social-Emotional Learning Support, Career Readiness, and Transition to Work/School Curriculum





www.focuslifeinstitute.com

Providing practical, personalized solutions for students.



### OUR PROGRAM MODULES OFFERS

- Online E-Learning
- Personalized Profiles
   & Videos
- Individual Sessions
- PDF Downloads
- Personal Note Taking Ability
- Interactive Career Portfolio
- Business Plan
- Zoom or In-School Coaching
- Professional
   Development



Social-Emotional Learning Support, Career Readiness, and Transition to Work/School Curriculum by Focus Life Institute We have a solution to help your school provide students to be prepared for their future! Our all-inclusive. online. curriculum turn-key equips students for career readiness and workplace preparation while providing social and emotional learning support. We provide courses for grades 4-5th, 6-8th and 9-12th. By putting career education and our workplace standards into practice, our curriculum includes career and workplace topics, activities, personalized profiles and note-taking that produces an interactive Career Portfolio for students to capture their results. Our PRACTICAL and PROVEN lessons help prepare students for their future and we offer the following outcomes at the completion of our course:

- Identify their personal strengths, inspiring traits and value to an organization or employer, by using our online Personalized Assessment
- Gain an understanding of people skills and learn how to adapt and be flexible with different behavioral styles
- Match their Personalized Behavioral Style with jobs in the National Career Clusters and set post-secondary education, career, and personal goals
- Acquire essential soft skills training in communication, collaboration, conflict resolution, creativity, confidence and character
- Understand how to create and complete their job acquisition documents including a resume, cover letter, job application, and references
- Identify their passion areas and create a personal vision for their life
- Discover how to balance a personal budget, understand time management strategies and learn how to interview to secure their desired job
- Be equipped in Workplace Values such as honor, excellence, personal responsibility, dependability, commitment, and service
- Identify the traits and characteristics of an entrepreneur
- Produce an interactive PDF document of their Career Portfolio & Business Plan

## BENEFITS TO YOUR SCHOOL

- Save time, money and resources
- Easy to implement, turn-key online modules
- Activities for grades K-12
- Break up lecture time with fun learning videos
- Equip your students to stay
  in their communities and be
  productive wealthgenerating citizens
- Utilize our video and inschool training for counselors and facilitators
- Cost effective
- Offers the flexibility to pick and choose sections that best meet the school's needs
- Provides teacher and counselor's access into student's progression of materials

# Reviews of our Education Courses

- 1. The DISC Focus Profile results for each student was matched with careers in the 16 career clusters providing a better match than previous career profiles.
- 2. The materials were easy to understand and the students had fun sharing their behavioral differences.
- 3. The online development tool was easy to navigate, provided a section to capture personal notes and provided a summary Career Portfolio.
- 4. The online training modules provided the resources and examples that helped us facilitate the program with our students.
- 5. All of the materials that I have looked over have been great resources for us to utilize with our kids. Taking the initial personality assessment really opened my eyes to see my personality style and how to be aware of other people's personalities when addressing them. Our students do not really look to their futures in determining what is best for them career and/or post-secondary wise. I think that this program will allow us to assist them in really thinking about their future and the best way to present themselves.
- 6. I wasn't sure what to expect when I first head of this program, but I am pleasantly surprised. This is something that will not only help our students understand themselves and each other, but it will help us as well in different areas of our lives.

#### <u>Personal Awareness</u>

Take an Online
DISC
Personalized
Behavioral
Profile and Get
Results

Identify Your Personalized Behavioral Profile Style

Choose Your Specific Behavioral Style

Get a Personalized Profile Recap on Your DISC Behavioral Style



This is who	at your f	ocus style	looks lik	e:	III TAKE NOTES
with as they are you focus style. If you Take a look at you	our most dom have one point highest poin	inate focus strer at above the mid its on the graph	igths. The remai line, you have a and any score at	nder of this wor pure focus style love the midline	icus style. The paints atiove the mid-line are the ones you want to identify shook will focus on identifying the qualities and characteristics of your thowever, most people are a combination of styles. It is a dominate style, if your I and D are above the midline your focus style he order of the Righest to the fowest above the midline.
A	D	1	S	C	
4	72	72	72	72	EXAMPLE:
	66	66	66	66	This person is an "I/D" blend.
INTENSITY	63	63	63	63	
	58	58	58	58	A D 1 S C
	-53	53	53	53	IMPERIORY OF THE
	49	49	49	49	2 2 2
MID-LINE	45	45	45	45	MID-LINE 41 40 41 41 41 41 41 41 41 41 41 41 41 41 41
	39	39	39	39	M M M M M M
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	29	29	29	29	
INTENSITY	26	26	26	26	
	22	22	22	22	
	18	18	18	18	

D Profiles	l Profiles	S Profiles	C Profiles
D	1	S	c
DC	IC	sc	CD
DCI	ICD	SCD	CDI
DCS	ICS	SCI	CD5
DI	(D	SD	ci
DIC	IDC	SDC	CID
DIS	IDS	SDI	CIS
DS	IS	SI	cs
DSC	ISC	SIC	CSD
DSI	ISD	SID	CSI



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#### FOCUS PROFILE STYLE: S/C

#### **GENERAL OBSERVATIONS**

The S/C Focus style could be most accurately described as a "peacemaker." The primary motivation of the S/C is a stable, steady and accurate lifestyle and environment. Generally observed by others as being quiet and reserved, the S/C Focus style is loyal and supportive towards others. They do not have to be in charge, the life-of-the-party or have a platform before people. They like it easy but they want to produce things with quality and accuracy. In return, they expect support, loyaly, transvorthness and an opportunity to change slowly to new presentations and challenges. The S/C Focus style has this unique ability to naturally bring peace. They can develop processes and procedures that are efficient and produce quality results. Their focus is on people first and then, with those people, produce a quality product. They need to be affirmed and appreciated for their contribution to the team.

#### INSPIRING TRAITS

- ✓ Peaceful
- Loyal and supportive
- Punctual
- Trustworthy

#### VALUE TO THE TEAM

- ✓ Able to keep peace on the team
- Gets along well with many—especially those who are in agreement with them
- ✓ Able to develop workable processes and procedures
- Loyal, supportive, trustworthy and punctual

#### IDEAL ENVIRONMENT PERSONAL DEVELOPMENT AREAS

- ✓ Be more willing to be more decisive
- ✓ To take on new challenges
- ✓ Move more quickly to attain results
- Be more willing to express personal thoughts, ideas and feelings

#### GREATEST FEAR(S)

- Loss of security
- ✓ Criticism and rapid change

A non-aggressive and friendly, warm

Steady processes and procedures

Facts and information that

produces quality products

Time to adjust to change or meet deadlines



#### Social and Emotional Learning & Growth

Our all-inclusive program includes Essential Soft Skills and Values and Character Development based on the student's personalized behavioral profile thus providing personalized instruction for individualized success!

#### **Essential Soft Skills**

- **✓** Communication
- **✓** Collaboration
- ✓ Conflict Resolution
- **✓** Confidence
- ✓ Creativity
- **✓** Character



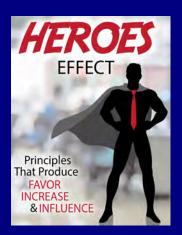




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#### Values/Character Development

- ✓ Honor
- **✓** Excellence
- **✓** Responsibility
- ✓ Order
- **✓** Expectation
- ✓ Servanthood



#### **Critical Thinking Skills**

- **✓** Problem Solving
- ✓ Decision Making





Choose From the 16 Career Clusters and Tech Prep

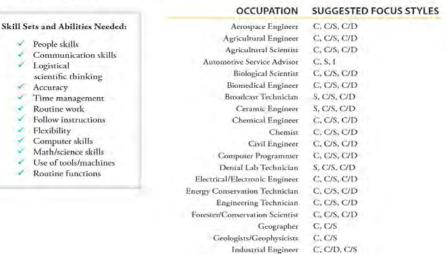
Match Personal
Behavioral Style
With Career
Choices In a
Specific Career
Cluster

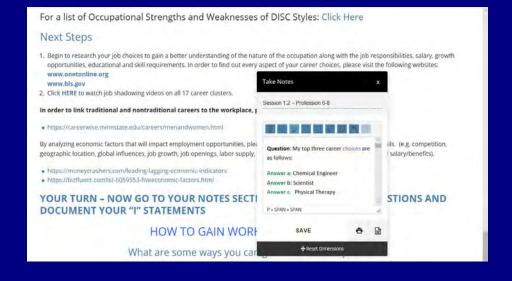
Research Career Choices, Capture In Notes Section, and Answer Personalized Statements



#### 15. SCIENCE, TECHNOLOGY, ENGINEERING & MATHEMATICS

Planning, managing, and providing scientific research and professional and technical services (e.g., physical science, social science, engineering) including laboratory and testing services, and research and development services.





#### Transition to Work or Post-Secondary Education

# Interviewing, Budgeting and Time Management Skills



#### BUDGETING

TAKE NOTES

Activity: Understanding budgets and pay statements by using a pay statement, develop a monthly budget to cover living expenses, savings, taxes, and recreation needs. Please review the following links:

http://moneyandstuff.info/wp-content/uploads/2017/01/SampleBudgetforTeens-2.pdf

#### BUDGETING

Defined: A budget is a guidance tool utilized by any organization for maintaining an operational approach toward financial management of income and expense categories.

#### This definition in practical application simply means:

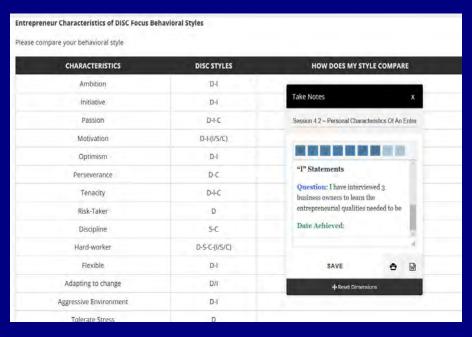
- 1. It is a guidance tool. It points in the direction of income streams and expense accounts.
- 2. It can be used personally and by any organization. Budgets are valuable tools to individuals, families, businesses, agencies and corporations.
- 3. It is used to maintain operational flow of money whether they be assets, liabilities, income or expense
- It allows the leader the opportunity to manage the use of finances as needed in specific categories and to keep that use in line with financial planning.

A personal budget is a financial plan that allocates future income toward expenses, savings, and debt repayment. "Where does the money go?" is a common dilemma faced by many individuals and households when it comes to budgeting and money management.

Effective money management starts with a goal and a step-by-step plan for saving and spending. Financial goals should be realistic, be specific, have a timeframe, and imply an action to be taken. This lesson will help you develop your own personal financial goals and budget.

You will monitor your spending habits (in writing) and will be able to better obtain the most value for their available dollars. You will also demonstrate that by carefully considering needs and wants, an individual or family will spend appropriate amounts for current living expenses, while saving and investing for long-term financial security.

# Entrepreneurship - Examine characteristics of entrepreneurs and produce a Business Plan





## DEMO VIEW OF ONLINE MATERIALS

Each of the Grade Level Courses Focuses On The Personal Behavioral Style of the Student



### All-Inclusive 36 Week Lessons For Grades 9-12

WEEK	Lessons
1	Personality - Identifying Your Behavioral Style and the Motivations of Others
2	Behavioral Flexibility and Adaptability – Blending and Connecting With Others
3	Behavioral Leadership and Occupational Characteristics
4	Identifying DISC and General Occupations
5	Matching Behavior With Occupations in the 16 Career Clusters
6	How to Gain Workplace Preparation
7	Identifying Your Passion Areas
8	Creating a Personal Vision for Your Life
9	Exam/Assessment
10	Peak Performance Setting Goals – Educational, Career and Personal Goals
11	Introduction to Soft Skills – What Employers Are Requiring
12	Communication – Improving Interaction With Others
13	Collaboration – Working Better in Teams
14	Conflict Resolution – How to Reduce and Overcome Conflict
15	Confidence – Building Self Esteem
16	Creativity – Identifying Your Creative Abilities
17	Character – Protecting Your Future
18	Exam/Assessment
19	Critical Thinking Skills Problem Solving – Learn How to Solve Problems
20	Critical Thinking Skills Decision-Making – Discover How to Make Quality Decisions
21	HEROES Character Development, Profile and e-book
22	Operating in Honor and Excellence
23	Understanding Responsibility and Order
24	Living in Expectation and Servanthood
25	How to Interview Overview
26	Understanding the Behavioral Interview
27	Mock Interview With Role Playing
28	Exam/Assessment
29	Job Acquisition Overview and Application
30	Time Management – Managing Your Time
31	Basic Budgeting Principles
32	Basic Entrepreneurship
33	Characteristics of Successful Entrepreneurs
34	Basic Components of a Business Plan
35	Insights for Success – Innovation, Concepts, Execution and Solutions
36	Exam/Assessment

### DEMO VIEW OF ONLINE MATERIALS

Each of the Grade Level Courses Focuses On The Personal Behavioral Style of the Student





#### **WEEK** Lessons 1 **Understanding Personality Styles** 2 **Understanding Self** 3 **Understanding Others** 4 **How to Connect With Others** 5 **DISC Leadership** 6 **General Occupations** 7 My Personality Matching With Career Clusters 8 Researching My Career Choices 9 Exam/Assessment 10 How To Gain Experience 11 **Identifying My Passion** 12 **Creating a Vision Statement** 13 **Identifying Goals** 14 **Setting Goals** 15 **Time Management** 16 **Basic Interviewing** 17 Creating a Budget 18 Exam/Assessment 19 Why Soft Skills 20 **How to Improve Communication** 21 How to Collaborate With Others 22 **How to Reduce Conflict** 23 How to Build Confidence 24 **Understanding Your Creativity** 25 How to Protect Your Character How to Solve Problems 26 27 Exam/Assessment 28 **How To Make Decisions** 29 How to be a HERO What is Honor and Excellence 30 31 Taking Responsibility and Order 32 **Expect Attitude and Serving Others**

Are You An Entrepreneur

**Traits of Entrepreneurs** 

**Successful Insights** 

Exam/Assessment

33

34

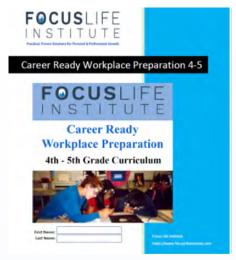
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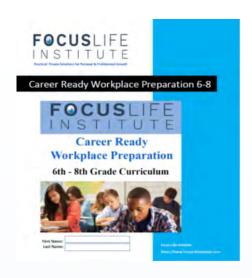
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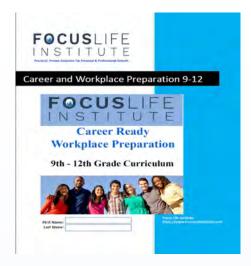
Gth - 8th
Grade Course
Emphasizes
Self
Awareness,
Career Choice
and Skills
Needed For
Their Future



#### **COURSES ARE AVAILABLE FROM 4-12TH GRADES**







4-5th Grades

6-8th Grades

9-12th Grades

# ALL COURSES INCLUDE FACILITATOR GUIDES AND PROFESSIONAL DEVELOPMENT TRAINING



# FOR MORE INFORMATION AND PRICING: CONTACT THE FOCUS LIFE INSTITUTE EMAIL: CONTACT@FOCUSLIFEINSTITUTE.COM or Call Us at 724-748-1065

Please click the following Link to go directly to our website.

https://focuslifeinstitute.com/career-ready-workplace-preparation-k-12/